

2011 EDITORIAL CALENDAR

The following 2011 Editorial Calendar is for Aspire Magazine's digital, interactive publication published six times a year. In order to have your story or article considered for the publication please adhere to the [EDITORIAL GUIDELINES](#) and the final submission date posted below. We also accept articles for each department's theme.

FEB/MAR issue

Final Submission Date: December 31, 2010

Loving Yourself

Before one can truly BE loved one has to first be able to fully, and wholeheartedly love themselves. True love begins within and until you can embrace the magical essence of who you are holding yourself back from experiencing genuine, mature love.

APR/MAY Issue

Final Submission Date: February, 28, 2011

Spring Cleaning for the Woman's Soul

Spring cleaning extends to more than your closets and drawers. Take time to clear the emotional and spiritual clutter that can hold us back from living an authentic and passionate life. Open yourself to new possibilities and give flight to your dreams when you take time to cleanse your 'inner closets'

JUNE/JULY Issue

Final Submission Date: April 30, 2011

Embracing the Wisdom Within

Along with our intellect we each have another source of information that guides our life – when we listen. This guide is our intuition. It speaks to us as a gut feeling, a hunch, a dream, a sudden flash of insight and when we begin honoring this divine gift we can access the wisdom within.

AUG/SEPT Issue

Final Submission Date: June 30, 2011

Spiritual Parenting

Spiritual or conscious parenting is not limited to any one religious teaching. No matter what your family's 'religion', raising a spiritually connected child is one of the best gifts you can provide your child. It is where they begin to learn the values, morals, and a sense of belonging. It is what gives them life direction and meaning.

OCT/NOV Issue

Final Submission Date: August 31, 2011

Navigating Life's Transitions

Many transitions in life are expected, like marriage and an impending birth. Our coping skills are called into overtime when the unexpected transitions such as job loss, divorce or death test us and turn our lives upside down. Handling these times of transition calls us to use our inner resources and shift our viewfinder to seeing the opportunity that lies on the other side of the event.

DEC/JAN Issue

Final Submission Date: October 31, 2011

Cultivating Gratitude

Research has shown that those who cultivate an 'attitude of gratitude' are happier, healthier individuals who experience a wide range of benefits from reduced anxiety and stress to improved relationships. Life will always through a curveball but learning the tools to refocus the lens at which you witness life can have amazing benefits.